

# SKIN REJUVENATION

*Banish Dull and Dry Skin*

As we age, our skin cells do not replace themselves as rapidly, resulting in a dry and dull appearance. By eliminating this dead skin cell build-up with a consistent routine of professional peels and microdermabrasion, your skin will have a younger, healthier, well-hydrated and more radiant appearance.

## WHAT ARE THE BENEFITS OF PROFESSIONAL CHEMICAL PEELS?

Sona exclusively offers SkinMedica professional level peels which exfoliate dead skin cells and help reveal fresh, new skin. Safe for all skin types, you will notice improved appearance in days and continual improvement for weeks to come.

The professional peel treatments also contain anti-bacterial and immune stimulating ingredients which makes it an excellent treatment option for skin prone to acne. Peels help break the oily skin cycle, unclogging pores and preventing future outbreaks. Professional peels also are recommended for improving irregular discoloration, smoothing rough texture, and reducing mild scarring. Your consultant will customize a solution depending on your skin type and condition.

## WHAT IS MICRODERMABRASION?

Microdermabrasion is a skin-freshening technique that is used for softening fine lines and refining texture, unclogging pores, and brightening dull skin.

At Sona MedSpa, we utilize a Diamond Microdermabrasion System in which a diamond tipped hand-piece makes contact with the outer layer of the epidermis and suctions away dead skin cells. Microdermabrasion works best as a series, as with most treatments.

## HOW MANY TREATMENTS WILL I NEED?

The number of treatments recommended will vary depending on the skin condition that is being addressed. A more aggressive approach would be as frequent as every two weeks. Once desired results are achieved, peels can be repeated as part of an ongoing maintenance program.

## WILL THIS TREATMENT REQUIRE DOWN TIME?

Post treatment your skin may be pink or slightly red which will subside within a few hours. Over the next several days your skin may feel tight and dry. You may notice some peeling or flaking of the skin. Make-up can be worn, however a mineral based make-up is recommended. Sun exposure should be limited immediately following treatment.

Sona proudly offers SkinMedica: a line of advanced skin care products supported by years of scientific research and development.

### ILLUMINIZE PEEL

Ideal for first-time clients or those looking for a gentle peel.

**PEEL LEVEL:** Little to no flaking skin.

### VITALIZE PEEL

A powerful, yet non-damaging peel treatment.

**PEEL LEVEL:** Mild to Moderate Flaking is possible for 3-7 days.

### REJUVENIZE PEEL

This advanced combination provides the highest level of controlled exfoliation.

**PEEL LEVEL:** Moderate flaking is possible for 5-7 days.

SkinMedica peel purchases can also earn you Brilliant Distinctions points. Ask today to learn more.

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