

Sona Dermatology and MedSpa Coronavirus Protocol 3/5/20

High risk contacts include people with:

1. Fever **OR** Respiratory Symptoms (cough, shortness of breath) **AND** close contact with a lab confirmed Coronavirus case within 14 days of onset of symptoms OR
2. Fever **AND** respiratory symptoms (cough, shortness of breath) **AND** travel to China, Japan, South Korea, Italy or Iran

**THESE PATIENTS SHOULD BE ASKED TO RESCHEDULE AND CONTACT THEIR HEALTHCARE PROVIDER FOR ASSESSMENT**

To Minimize Exposure

By phone, before arrival:

- **Upon scheduling request, and during confirmation calls, ask:**

1. Do you have fever?

- If yes, to fever:  
patients should be asked to cancel until they have been without fever for 24 hours without the need for fever reducing medication
- If no, ask:

2. Do you have upper respiratory symptoms? (cough, shortness of breath)?

- If yes to cough or shortness of breath, but no fever:  
Patients should be asked the next 2 questions:

3. Have you been exposed to a person with confirmed Coronavirus, within 14 days of the onset of their symptoms?

- If no, may be seen
- If yes, must cancel and contact their primary care provider for assessment
- Have patient leave and immediately contact primary care provider for assessment
- Note patients name and contact information to provide to your local health department
- Monitor staff for symptoms for 14 days post exposure

4. Have you traveled to China, Japan, South Korea, Italy or Iran?

- If no, may be seen
- If yes, must cancel and contact their primary care provider for assessment
- Have patient leave and immediately contact primary care provider for assessment
- Note patients name and contact information to provide to your local health department
- Monitor staff for symptoms for 14 days post exposure

Upon Arrival (at check-in):

1. **Repeat questions and responses above**

**If patient has only upper respiratory symptoms without fever, without known Coronavirus contact or without travel they may be seen:**

- Adhere to respiratory hygiene, cough etiquette, hand hygiene and ask patient to wear a facemask (available from McKesson)
- Post signs at the entrance to provide patients with instructions about hand hygiene, respiratory hygiene, and cough etiquette. Instructions should include using facemasks and tissues to cover nose and mouth when coughing or sneezing, to dispose of tissues and contaminated items in waste receptacles, and how and when to perform hand hygiene <https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf>
- Provide space and encourage persons with symptoms of respiratory infections to sit as far away from others as possible. If available, facilities may wish to place these patients in a separate area while waiting for care. Minimum 6 feet from others
- Provide supplies to perform hand hygiene to all patients upon arrival to facility (e.g., at entrances of facility, waiting rooms, at patient check-in) and throughout the entire duration of the visit to the healthcare setting

When Treating Patients:

**Ensure Adherence to Standard, Contact and Airborne Precautions**

Standard precautions assume that every person is potentially infected or colonized with a pathogen that could be transmitted in the healthcare setting and include:

Hand Hygiene

- Perform hand hygiene before and after all patient contact, contact with potentially infectious material, and before putting on and upon removal of PPE, including gloves
- Hand hygiene in healthcare settings can be performed by washing with soap and water for at least 20 seconds or using alcohol-based hand rubs. If hands are visibly soiled, use soap and water, not alcohol-based hand rubs
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Avoid shaking hands

## Personal Protective Equipment

Select appropriate PPE, including:

### Gloves

- Put on clean, non-sterile gloves upon entry into the patient room or care area. Change gloves if they become torn or heavily contaminated
- Remove and discard gloves immediately upon leaving the patient room or care area

## **Environmental Cleaning and Disinfection**

- Routine cleaning and disinfection procedures are appropriate for Coronavirus in healthcare settings. Management of laundry and medical waste should also be performed in accordance with routine procedures

Resources:

<https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html>

3/5/2020